Roan Mountain - Pisgah National Forest, NC

<table>
<thead>
<tr>
<th>Length</th>
<th>Difficulty</th>
<th>Streams</th>
<th>Views</th>
<th>Solitude</th>
<th>Camping</th>
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<tbody>
<tr>
<td>17.4 mls</td>
<td>N/A</td>
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**Hiking Time:** 8 hours and 30 minutes with 1 hour and 15 minutes of breaks

**Elev. Gain:** 4,630 ft

**Parking:** Park on Hughes Gap Rd/TN 2680. 36.13685, -82.14091

By Trail Contributor: Zach Robbins

Roan Mountain and the Roan Highlands are famous for having the largest natural Catawba rhododendron gardens in the world. The heath shrubs, concentrated among Roan Mountain Gardens, Carvers Gap, Jane Bald, and Grassy Ridge Bald, produce beautiful pink and purple flowers once a year during the month of June. Due to the popularity of the rhododendron blooms and the vistas from the mountaintops, Carvers Gap can be overrun most summer weekends.

Carvers Gap is the unofficial bisection of the Roan Highlands and the shortest access to the eastern section of expansive (mountain laurel, blueberry, and rhododendron).

By Trail Contributor: Zach Robbins

- **Mile 0.0** – Parking is available on the shoulders of Hughes Gap Rd/TN 2680. From Hughes Gap, follow the Appalachian Trail (white blaze) south (trail direction north) through sparse hardwood forests with a lush understory.
- **Mile 0.2** – Y-junction with a blue-blazed side trail to the Roan High Knob Shelter.
- **Mile 0.6** – Turn right at the Upper Loop Y-splitt.
- **Mile 0.6** – Turn right at the Upper and Middle Loop [1002A] Y-junction. A left turn is the shortest option closing the Upper Loop.
- **Mile 4.5** – Turn right towards the Roan Mountain Gardens parking lot. The Roan Mountain Garden Trail [1002] (no blaze) begins beside the bathrooms. This National Recreation Trail is divided into three loops, the Upper Loop is paved and wheelchair accessible while the Middle and Lower Loops are standard hiking paths. These three loops pass through dense natural Catawba rhododendron gardens. These are typically the latest rhododendrons to bloom in the Roan Highlands.
- **Mile 5.0** – Cloudland Trail crosses NC 1348 a second time at the Roan Mountain Gardens Picnic Area.
- **Mile 5.4** – The Cloudland Trail ends at the Roan High Bluff observation deck. Roan High Bluff (6,267 ft) is a western peak of Roan Mountain featuring tall cliffs with expansive views from west to north. Unaka Mountain is the large, broad peak due west. The true summit of Roan High Bluff is located off to the right of the deck and is off-limits to protect habitats of threatened and endangered bird species. If you are doing the South Beyond 6000 Challenge, then reaching the observation deck is enough to claim the peak.
- **Mile 6.1** – T-junction with a trail on the left to bus parking.
- **Mile 6.2** – Side trail on the right to a nice cliff overlook. The cliff provides northwest views of the Tennessee flatslands and west views of Unaka Mountain.
- **Mile 6.6** – Summit of Roan High Knob (6,285 ft), the tallest peak in the Unaka Mountains.
- **Mile 6.8** – At a T-junction continue on the Upper Loop.
- **Mile 7.1** – Cross the wooded summit of Beartown Mountain (5,480 feet).
- **Mile 7.5** – Y-junction with a side trail on the right to a spring.
- **Mile 8.1** – T-junction with a blue-blazed side trail to the Roan High Knob Shelter.
- **Mile 8.2** – Side trail at the Roan High Knob Shelter. Originally built in 1933 to house fire watchmen for the neighboring tower, it is the highest elevation shelter for the entire Appalachian Trail. Remnants of the fire tower are near the shelter. The wide, flat summit has little undergrowth among the tall spruce and fir trees and is excellent for tent camping.
- **Mile 8.4** – Turn right on the Appalachian Trail. The AT descends over 600 feet for the next 1.5 miles on seven long switchbacks passing through entrancing spruce and fir forests. The composition of conifers changes as you get closer to Carvers Gap.
- **Mile 9.9** – Cross NC 261/TN 143 at Carvers Gap (5,512 feet). On the east side of Carvers Gap the AT ascends through impressive stands of Catawba rhododendrons. You may even spot one of the lone flame azalea bushes on the mountainside, which has bright orange blooms.
- **Mile 10.5** – Reach the broad, grassy summit of Round Bald (5,826 feet). Round Bald has outstanding 360° views of many of the highest peaks in North Carolina and Tennessee. Roan Mountain, covered by blackish spruce-fir forests, rises to the west above Carvers Gap. The tall peaks of the Black Mountains are located in the distant southwest. You should be able to see the distinctive summits Hawksbill Mountain and Table Rock Mountain of Linville Gorge to the south-southeast. The Appalachian Trail drops down to Engine Gap and climbs up to Jane Bald and Grassy Ridge Bald due east. There are large stands of Catawba rhododendron on Jane Bald and Grassy Ridge Bald. The distant balds of Hump and Little Hump Mountain are located east-northeast to the left of Grassy Ridge Bald. Hump Mountain is the largest peak on the left of these twin summits. If you wish to hike to these balds, check out our Roan Highlands hike.
- **Mile 13.6** – Keep right on the Appalachian Trail at the junction with the Cloudland Trail.
- **Mile 17.4** – Hike ends at Hughes Gap.